

## on the cover

- 10** Baby Names Gone Wild!  
**32** Pre-Pregnancy Health Makeover - Dodge the Autism Bullet

## features

- 20** Arts & Smarts: The Correlation Between the Arts and Grades  
**28** Turn Your Child's Baby Clothes Into a Family Heirloom  
**54** Grand Opening Set for New Silver Cross Hospital in New Lenox

## sections

- 22** Kids Party Pages  
**30** Maternity  
**34** Special Needs  
**56** Fall Fun  
**67** Family Theatre  
**70** Private Schools Open House  
**73** Discover Downers Grove

## in every issue

- 04** Letters from Readers  
**04** Letter from the Editor  
**40** Coupons  
**43** September Calendar of Events  
**76** Classified  
**80** Advertising Index



# 10

## Departments

- 42** A Father's Point of View - Twisted Sisters: Siblings in Conflict  
**66** Marriage and Family Matters - Technology Etiquette for Tech-Savvy Couples

## Family Education

- 65** Enjoy and Outdoor Art Museum

## Family Time

- 09** Treat Yourself  
**13** Reading Right! - Arms Wide Open  
**14** Family Time Monthly Freebies and Giveaways  
**15** Craft Corner - Fingerprint Pals  
**17** Cooking With Kids - The Apple of Our Eye  
**18** Shortcuts  
**76** Word Search/Maze Craze

## Mental Health

- 78** Facts for Families: Obesity in Children and Teens



# 32