

on the cover

- 14** Cool For School! Trends and Savings
- 66** Get Packing - Healthy Lunch Snacks

features

- 72** 25 Best Back to School Tips
- 30** Mom Power Meets the Web
- 34** 2011 Back-To-School Health Checklist

sections

- 22** Kids Party Pages
- 36** Summer Fun
- 58** Education Guide
- 81** Family Theatre

in every issue

- 04** Letters from Readers
- 04** Letter from the Editor
- 44** Coupons
- 47** August Calendar of Events
- 84** Classified
- 88** Advertising Index



Departments

- 18** A Father's Point of View - The Best Science Project Ever
- 43** Marriage and Family Matters - Parenting Stress and Anxiety: When Is It Too Much?

Family Education

- 87** Challenges Can't Stop Success

Family Time

- 09** Freebies and Monthly Giveaways!
- 13** Treat Yourself
- 17** Reading Right! - The Long and Short of It: A Tale About Hair
- 19** Cooking With Kids - Lunch Ahoy!
- 29** Craft Corner - Tie Dyed Shoelaces
- 29** 12 Steps to the Big "K"
- 32** Shortcuts
- 84** Word Search/Maze Craze

Mental Health

- 86** Facts for Families: Teenagers with Eating Disorders

Teen News

- 46** Stressed to the Max!

